
Name: S. Sonia Arteaga

Title: Managing Associate

SUMMARY OF EXPERIENCE

Dr. Arteaga is a research psychologist and provides research and technical support to national and local evaluations of community initiatives including the Safe Start National Initiative and the Colorado Trust Immigrant Integration Initiative. For the past ten years, she has conducted theoretically-based quantitative and qualitative research focused on the social and behavioral factors that impact social well-being and health among diverse populations. Dr. Arteaga is a bilingual, bicultural researcher who seeks to translate effective research into public policy to bring about positive change.

EDUCATION

Ph.D. (Spring, 2006)	University of Maryland at Baltimore County, Baltimore MD Department of Psychology, Community-social/behavioral medicine psychology Dissertation Title: Determinants of Physical Activity and Sedentary Behavior among Urban Adolescents Advisor: Carlo DiClemente, Ph.D.
Health Policy Certificate (Spring, 2006)	University of Maryland Baltimore County, Baltimore MD Department of Public Policy
M.A., 2003	University of Maryland at Baltimore County, Baltimore MD Department of Psychology, Community-social/behavioral medicine psychology Thesis Title: Moderating Effects of Psychological Sense of Community on Physical Activity Among African American Women in Two Community Settings Advisor: Anne E. Brodsky, Ph.D.
B.A., 1997	Truman State University (formerly Northeast Missouri State University) Kirksville, MO. Bachelor of Arts in Psychology and Spanish, Minor in International Studies

PROFESSIONAL EXPERIENCE

June 2006 – Present

**Association for the Study and
Development of Community**

Gaithersburg, Maryland

Managing Associate

Provide research and technical support on the development, implementation, and dissemination of a national program to prevent children's exposure to violence and a statewide evaluation of an immigrant integration initiative.

July 2002- June 2006

**University of Maryland Baltimore
County/University of Maryland Baltimore**

Baltimore, Maryland

Intervention Coordinator

Intervention Coordinator for a randomized controlled trial of a health promotion/obesity prevention program targeting urban African American adolescents. Engaged in data analytic techniques (using SPSS) to investigate the factors that affect physical activity and health behaviors among adolescents. Presented research from the study at national and international conferences. Pilot tested, coordinated, and contributed to the development of dissemination programs with urban high schools and community centers. Supervised 20 research assistants who delivered the health intervention.

September 2001-August 2002

American Psychological Association

Washington DC

American Psychological Association

Public Policy Intern

Formulated and developed APA's position on federal policy initiatives as they relate to the role of psychology in the public interest; Participated in legislative and advocacy work such as assisted in the preparation of briefing papers, testimony, letters of support, action alerts, as well as attended congressional hearings, briefings, and coalition meetings on topics relating to welfare, women and families, hate crimes, and health disparities.

January 2002-October 2002

University of Maryland Baltimore

Baltimore, Maryland

Research Assistant

Conducted a qualitative analysis of occupational hazards that affect health among health care workers. Conducted interviews in Spanish and English with home health care workers to assess their occupational hazards. Translated, transcribed, coded, and analyzed focus groups with Latina Spanish-speaking home health care workers. Wrote a peer-reviewed article based upon focus group findings.

June – August 2001 & 2002

**Office of Behavioral and Social Science
Research, National Institutes of Health, U.S.
Department of Health and Human Services**

Bethesda, MD

National Institutes of Health

Graduate Student Intern

Examined and prepared a presentation on the behavioral and social factors that influence women's health outcomes; Conceptualized and documented the theoretical and methodological implications of racial bias on physical and mental health; Analyzed the behavioral and social aspects of several of the Institutes' health disparity plans; Assisted the Director with special projects.

August 1999-August 2001

Research Assistant

Evaluated a community-based work program for ethnic minority women in Baltimore, MD with special emphasis placed on issues of risk and resiliency; Entered, coded, and analyzed qualitative data using NUD*IST; Co-authored manuscripts and presented research at national conferences.

University of Maryland Baltimore County

Baltimore, Maryland

June 1998-August 1999

Substance Abuse and Mental Health Services

Administration Graduate Student Intern

Examined and documented methodological approaches and evaluation criteria of federally sponsored mental health systems integration efforts targeting children and adults; Reviewed state grants for homeless mentally ill populations; Assisted in the planning of a national meeting regarding systems integration of mental health services; Analyzed and synthesized research literature focusing on mental health services to disseminate via the internet and other marketing avenues.

**Center for Mental Health Services,
Substance Abuse and Mental Health
Services Administration, U.S. Department
of Health and Human Services**

Rockville, Maryland

August 1997-May 1998

Research Assistant

Examined the characteristics of new self help groups, Investigated the access of AA groups by mental health consumers; Helped write the literature review for a federally sponsored grant proposal on consumer-operated service; Helped develop a community-based study on the use of advance directives among the faith communities of Wichita, KS with special emphasis placed upon the health behaviors of ethnic minorities.

Wichita State University

Wichita, Kansas

ACADEMIC POSITIONS

Fall 2006, Spring 2004, Fall 2002

Instructor of Psychology, Social Psychology

University of Maryland Baltimore County

Baltimore, Maryland

Fall 2003

Instructor of Psychology, Health Psychology

University of Maryland Baltimore County

Baltimore, Maryland

Fall 1999 – Spring 2002

University of Maryland Baltimore County

Teaching Assistant: Data Analytic Procedures I & II, Clinical Assessment, Interviewing Techniques, Developmental Psychology, and Introduction to Psychology

Baltimore, Maryland

*Fall 1997- Spring 1998
Teaching Assistant: Abnormal Psychology ,
Social Psychology*

Wichita State University
Baltimore, Maryland

*1996
Spanish Tutor*

Truman State University
Kirksville, Missouri

PUBLICATIONS

Publications/Peer -reviewed

1. Brodsky, A. E., Senuta, K. R., Weiss, C., Marx, C. M., Loomis, C., **Arteaga, S. S.**, Moore, H., Benhorin, R., Castagnera-Fletcher, A. (2004). When One Plus One Equals Three: The Role of Relationships and Context in Community Research. American Journal of Community Psychology, *33* (3/4), 229-238.
2. . **Arteaga, S. S.**, Geiger-Brown, J., & Muntaner, C., Lipscomb, J., Trinkoff, A., & Delp, L. (2003). Homecare work organization and health: Do Hispanic women have different concerns? International Journal of Hispanic Health Care, *1*(3),1-7.
3. Loomis, C., Brodsky, A. E., **Arteaga, S. S.**, Benhorin, R., Rogers-Senuta, K., Marx, C., McLaughlin, P. (2003). What works in adult education and training? Case study of a community-based program for women. Journal of Community Psychology, *11*(2), 27-45.
4. Ishiyama, J., Wingo, K., **Arteaga, S. S.**, Hernandez, C. (2001). Liberal undergraduate education and reasoning styles: Using political scenarios in student assessment. Social Science Journal, *38*(1), 125-135.
5. Meissen, G., Powell, T. J., Wituk, S. A., Girrens, K. & **Arteaga, S.** (1999). Attitudes of AA Contact Persons Toward Group Participation by Persons with a Mental Illness. Psychiatric Services, *50*(8), 1079-1081.
6. **Arteaga, S.** (1996). The effect of ethnically heterogeneous and homogeneous groups on levels of cooperation and competition. The Northeast McNair Scholarly Review, *2*.

Publications/Non-peer-reviewed

1. **Arteaga, S.**, Black, M. (2005). Adolescent females, physical activity. In C.B. Fisher, & R. M. Lerner (Eds.), Applied Developmental Science: An Encyclopedia of Research, Policies, and Programs. (pp.461-463). New Bury, CA: Sage Publications.

Publications/Abstracts

1. **Arteaga, S. S.**, DiClemente, C., Black, M. (2004). The relationship between psychological health and physical activity. International Journal of Obesity and Related Metabolic Disorders, 28(Supplement 3), S127.
2. **Arteaga, S. S.**, DiClemente, C., Black, M. (2004). The relationship between environmental factors and African American adolescents' physical activity. Obesity Research, 12(Supplement), S355.
3. Black, M., Le, K., **Arteaga, S. S.**, Snitker, S., McNary, S., Gittelsohn, J., Anliker, J., Dubowitz, H., Pitts, S., DiClemente, C. (2004). Television viewing among urban African American youth. Obesity Research, 12(Supplement), S377.

Manuscripts in Preparation

1. **Arteaga, S. S.**, Quigg, A., DiClemente, C., Black, M., Delahanty, J., Papas, M. (in preparation). The relationship between stages of change and physical activity.

EDITORIAL ACTIVITIES

Reviewer for: *Journal of Pediatric Psychology* and *Urban Studies Journal*

ACCOMPLISHMENTS

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| 2006 | Dissertation Fellowship, University of Maryland Baltimore County |
| 2005 | 1 st Place in the Social Science/Humanities category for oral presentation: Arteaga, S. S., DiClemente, C., Black, M.. "The relationship between stages of change and physical activity among urban adolescents." Presented at the 27 th Annual Graduate Research Conference at the University of Maryland Baltimore, Baltimore, MD. |
| 2005 & 2004 | Travel Fellowship to participate in Maryland's National Science Foundation's Alliance for Graduate Education and the Professoriate Community Building Experience |
| 2004 | \$1000 Travel Grant from the Graduate Student Association at the University of Maryland Baltimore County |
| 2004 | 1 st Place in the Psychology category for poster: Arteaga, S. S., DiClemente, C., Black, M. "Psychological health and physical activity among urban adolescents," Presented at the 26 th Annual Graduate Research Conference at the University of Maryland Baltimore County, Baltimore, MD. |
| 2002 | President of Graduate Student Association at the University of Maryland Baltimore County |
| 1999 | Superior Internal Service Award, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services |
| 1996-1997 | Ronald E. McNair Post-Baccalaureate Achievement Program Scholar at the University of New Hampshire |
| 1996-1997 | Council for Advancement and Support of Education; District VI Minority Internship Program in Higher Education at Truman State University |
| 1996-1997 | Cardinal Key National Honor Society |

1996-1997	Psi Chi Honorary Psychology Society
1995-1997	Sigma Delta Pi national Spanish Honorary Society
1995-1997	National Collegiate Minority Award, Truman State University
1993, 1996	Truman State University's President's Honorary Award
1996	Truman State University Endowed Scholarship
1994-1995	Ronald E. McNair Post-Baccalaureate Achievement Program Scholar at Truman State University
1994	National Hispanic Scholarship recipient

PRESENTATIONS

1. **Arteaga, S. S.**, DiClemente, C., Black, M. (2005). The relationship between stages of change and physical activity among urban adolescents. Poster Presentation at the North American Association for the Study of Obesity, Vancouver, Canada.
2. **Arteaga, S. S.**, DiClemente, C., Black, M. (2005). The relationship between stages of change and physical activity among urban adolescents. Oral Presentation at the 27th Annual Graduate Research Conference at the University of Maryland Baltimore.
3. **Arteaga, S. S.**, DiClemente, C., Black, M. (2004). Psychological health and physical activity among urban adolescents. Poster presented at the International Symposium "Childhood Obesity: From basic knowledge to effective prevention and the 14th Annual European Childhood Obesity Workshop" in Zaragoza, Spain.
4. **Arteaga, S. S.**, DiClemente, C., Black, M. (2004). The relationship of environmental factors and urban African American adolescents' physical activity. Poster presented at the North American Association for the Study of Obesity Annual Conference in Las Vegas, NV.
5. Black, M., Le, K., **Arteaga, S. S.**, Snitker, S., McNary, S., Gittelsohn, J., Anliker, J., Dubowitz, H., Pitts, S., DiClemente, C. (2004). Television viewing among urban African American youth. Poster presented at the North American Association for the Study of Obesity Annual Conference in Las Vegas, NV.
6. **Arteaga, S. S.**, DiClemente, C., Black, M. (2004). Psychological health and physical activity among urban adolescents. Poster presented at the 26th Annual Graduate Research Conference at the University of Maryland Baltimore County, Baltimore, MD.
7. **Arteaga, S. S.**, McNary, S., DiClemente, C, Black, M. (2004). Influence of personal attitudes, perceived parent attitudes, and peer activity levels on physical activity among urban low-income adolescents. Poster presented at the 25th Annual Society for Behavioral Medicine Conference in Baltimore, MD.
8. Cotter, D., & **Arteaga, S. S.** (2002). Hot Topics in Public Policy: How psychologists can make a difference. Presentation at the 2nd Annual New Directions in Psychology Conference at Widener University, PA.

9. Singh, M., **Arteaga, S. S.**, & Zea, M. C. (2002). Factors affecting depression and anxiety among East and South Asian women. Paper presented at the 2002 American Psychological Association Women's Health Conference in Washington D.C.
10. **Arteaga, S. S.**, & Singh, M. (2001). Perceived racial discrimination and health outcomes: A review of the literature. Poster presented at the 22nd Annual Society for Behavioral Medicine Conference in Seattle, WA.
11. **Arteaga, S. S.**, Weiss, C. L. A., & Marx, C. (2001). Exploring readiness to change in a community-based job-training program. Poster presented at the 8th Biennial Conference of the Society for Community Research and Action in Atlanta, GA.
12. Singh, M., Weiss, C. L. A., & **Arteaga, S. S.** (2001). South Asian Scale of Identity (SASI): Preliminary Findings. Poster presented at the American Psychological Society Annual Conference in Toronto, Canada.
13. **Arteaga, S. S.**, Marx, C., & Brodsky, A. (2000). Role of Relationships within a Research Community. Paper presented at the Eastern Psychological Association Conference; Baltimore, MD.
14. **Arteaga, S. S.**, & Enomoto, K. (1999) Access & the Children's Services Programs: A Comparison of Federally Sponsored Systems Integration Efforts. Poster presented at the Society for Community Research and Action Biennial Conference at Yale University, Hartford, CT.
15. Lindstrom, J. A., Wituk, S., Carter, J., **Arteaga, S.**, Meissen, G. (1998). Building self-help groups: A qualitative analysis. Poster presented at the American Psychological Association Convention, San Francisco, CA.
16. Meissen, G., **Arteaga, S.**, Girrens, K., Rishel, D., & Wituk, S. (1998). Gaining access to Alcoholics Anonymous groups by mental health consumers. Poster presented at the American Psychological Association Convention, San Francisco, CA.
17. **Arteaga, S.**, & Meissen, G. (1997). Helping Make Your Consumer Run Organization more Culturally Compatible. Workshop presentation at a statewide conference on Consumer Run Organizations in Kansas.
18. Ishiyama, J., **Arteaga, S.**, Hernandez, C., & Wingo, K. (1997). Reasoning styles and undergraduate education. Paper presented at the 10th Annual Undergraduate Research Symposium at Truman State University, Kirksville, MO.
19. Ishiyama, J., **Arteaga, S.**, Hernandez, C., & Wingo, K. (1997). Reasoning Styles and undergraduate education. Paper presented at the 2nd Annual Psi Chi Psychology Research Conference at Truman State University, Kirksville, MO.

20. **Arteaga, S.** (1996). Mental health legislation and the Latino community: 1963-1996. Paper presented at the 5th Annual Ronald E. McNair Scholar's Symposium at Truman State University, Kirksville, MO.
21. **Arteaga, S.** (1996). Mental health legislation and the Latino community: 1963-1996. Paper presented at the Ronald E. McNair Graduate Opportunity Research Symposium at the University of New Hampshire, Durham, NH.
22. Palmer, T., & **Arteaga, S.** (1996). The effects of ethnically heterogeneous and homogeneous groups on levels of cooperation and competition. Poster presented at the Midwest Psychological Association, Chicago, IL.
23. **Arteaga, S.** (1996). The effects of ethnic make-up on cooperation and competition in the Prisoner's Dilemma Game. Paper presented at the 9th Annual Undergraduate Research Symposium at Truman State University, Kirksville, MO.
24. **Arteaga, S.** (1996). The effects of ethnic make-up on cooperation and competition in the Prisoner's Dilemma Game. Paper presented at the 1st Annual Psi Chi Psychology Research Conference at Truman State University, Kirksville, MO.
25. **Arteaga, S.** (1995). The effects of ethnically heterogeneous and homogeneous groups on levels of cooperation and competition. Paper presented at the 4th Annual National Ronald E. McNair Students' Conference, Delevan, WI.
26. **Arteaga, S.** (1995). The effects of ethnically heterogeneous and homogeneous groups on levels of cooperation and competition. Paper presented at the 3rd Annual National Ronald E. McNair Scholars' Symposium at the University of California, Berkeley, CA.
27. **Arteaga, S.** (1995). The effects of ethnically heterogeneous and homogeneous groups on levels of cooperation and competition. Paper presented at the 4th Annual Ronald E. McNair Scholars' Symposium at Truman State University, Kirksville, MO.

PROFESSIONAL MEMBERSHIPS

Society for Behavioral Medicine
The Obesity Society